

Mindway is onderdeel van een academische organisatie, deelnemen aan onderzoek en zelf onderzoek initiëren staat bij ons hoog in het vaandel. Hieronder vindt u een overzicht van onderzoeken waar wij de laatste jaren bij betrokken waren:

MasterMind.europese implementatie studie:

Mol M, van Genugten C, Dozeman E, van Schaik DJF, Draisma S, Riper H, Smit JH. ***Why Uptake of Blended Internet-Based Interventions for Depression Is Challenging: A Qualitative Study on Therapists' Perspectives.*** J Clin Med. 2019 Dec 30;9(1):91. doi: 10.3390/jcm9010091. PMID: 31905834; PMCID: PMC7019532.

Mol M, Dozeman E, van Schaik DJ, Vis CP, Riper H, Smit JH. ***The therapist's role in the implementation of internet-based cognitive behavioural therapy for patients with depression: study protocol.*** BMC Psychiatry. 2016 Sep 30;16(1):338. doi: 10.1186/s12888-016-1045-9. PMID: 27716108; PMCID: PMC5045637.

Vis C, Mol M, Kleiboer A, Bührmann L, Finch T, Smit J, Riper H. ***Improving Implementation of eMental Health for Mood Disorders in Routine Practice: Systematic Review of Barriers and Facilitating Factors.*** JMIR Ment Health. 2018 Mar 16;5(1):e20. doi: 10.2196/mental.9769. PMID: 29549072; PMCID: PMC5878369.

Mol M, Dozeman E, Provoost S, van Schaik A, Riper H, Smit JH. ***Behind the Scenes of Online Therapeutic Feedback in Blended Therapy for Depression: Mixed-Methods Observational Study.*** J Med Internet Res. 2018 May 3;20(5):e174. doi: 10.2196/jmir.9890. PMID: 29724708; PMCID: PMC5958280.

Insomnia bij depressie

Dozeman E, van Straten A, van Genugten CR, van Schaik DJF. ***Begeleide web-based interventie voor slaapproblemen (I-Sleep) bij patiënten met een depressie in de ambulante gespecialiseerde ggz: een pilotstudie [Guided web-based intervention for sleeping problems (I-Sleep) in depressed patients within outpatient specialist mental health care: a pilot study].*** Tijdschr Psychiatr. 2019;61(10):683-691. Dutch. PMID: 31907912.

Blended CGT voor depressie

Kooistra L, Ruwaard J, Wiersma J, van Oppen P, Riper H. ***Working Alliance in Blended Versus Face-to-Face Cognitive Behavioral Treatment for Patients with Depression in Specialized Mental Health Care.*** J Clin Med. 2020 Jan 27;9(2):347. doi: 10.3390/jcm9020347. PMID: 32012722; PMCID: PMC7073833.

Kooistra LC, Wiersma JE, Ruwaard J, Neijenhuijs K, Lokkerbol J, van Oppen P, Smit F, Riper H. ***Cost and Effectiveness of Blended Versus Standard Cognitive Behavioral Therapy for Outpatients With Depression in Routine Specialized Mental Health Care: Pilot Randomized Controlled Trial.*** J Med Internet Res. 2019 Oct 29;21(10):e14261. doi: 10.2196/14261. PMID: 31663855; PMCID: PMC6914243.

Kooistra LC, Wiersma JE, Ruwaard J, van Oppen P, Smit F, Lokkerbol J, Cuijpers P, Riper H. ***Blended vs. face-to-face cognitive behavioural treatment for major depression in***

specialized mental health care: study protocol of a randomized controlled cost-effectiveness trial. BMC Psychiatry. 2014 Oct 18;14:290. doi: 10.1186/s12888-014-0290-z. PMID: 25326035; PMCID: PMC4209039.

Kooistra LC, Ruwaard J, Wiersma JE, van Oppen P, van der Vaart R, van Gemert-Pijnen JEWC, Riper H. **Development and initial evaluation of blended cognitive behavioural treatment for major depression in routine specialized mental health care.** Internet Interv. 2016 Jan 27;4:61-71. doi: 10.1016/j.invent.2016.01.003. PMID: 30135791; PMCID: PMC6096194.

Blended CGT voor angst

Romijn G, Riper H, Kok R, Donker T, Goorden M, van Roijen LH, Kooistra L, van Balkom A, Koning J. **Cost-effectiveness of blended vs. face-to-face cognitive behavioural therapy for severe anxiety disorders: study protocol of a randomized controlled trial.** BMC Psychiatry. 2015 Dec 12;15:311. doi: 10.1186/s12888-015-0697-1. PMID: 26651478; PMCID: PMC4676824.

Romijn G, Batelaan N, Kok R, Koning J, van Balkom A, Titov N, Riper H. **Internet-Delivered Cognitive Behavioral Therapy for Anxiety Disorders in Open Community Versus Clinical Service Recruitment: Meta-Analysis.** J Med Internet Res. 2019 Apr 17;21(4):e11706. doi: 10.2196/11706. PMID: 30994462; PMCID: PMC6492068.

Romijn G, Batelaan N, Koning J, van Balkom A, de Leeuw A, Benning F, Hakkaart van Roijen L, Riper H. **Acceptability, effectiveness and cost-effectiveness of blended cognitive-behavioural therapy (bCBT) versus face-to-face CBT (ffCBT) for anxiety disorders in specialised mental health care: A 15-week randomised controlled trial with 1-year follow-up.** PLoS One. 2021 Nov 12;16(11):e0259493. doi: 10.1371/journal.pone.0259493. PMID: 34767575; PMCID: PMC8589191.

Romijn G, Provoost S, Batelaan N, Koning J, van Balkom A, Riper H. **Does it blend? Exploring therapist fidelity in blended CBT for anxiety disorders.** Internet Interv. 2021 Jun 26;25:100418. doi: 10.1016/j.invent.2021.100418. PMID: 34401377; PMCID: PMC8350592.

E-Compared, europese studie

Kemmeren LL, van Schaik DJ, Riper H, Kleiboer AM, Bosmans JE, Smit JH. **Effectiveness of blended depression treatment for adults in specialised mental healthcare: study protocol for a randomised controlled trial.** BMC Psychiatry. 2016 Apr 21;16:113. doi: 10.1186/s12888-016-0818-5. PMID: 27102812; PMCID: PMC4839153.

Kleiboer A, Smit J, Bosmans J, Ruwaard J, Andersson G, Topooco N, Berger T, Krieger T, Botella C, Baños R, Chevreur K, Araya R, Cerga-Pashoja A, Cieślak R, Rogala A, Vis C, Draisma S, van Schaik A, Kemmeren L, Ebert D, Berking M, Funk B, Cuijpers P, Riper H. **European COMPARative Effectiveness research on blended Depression treatment versus treatment-as-usual (E-COMPARED): study protocol for a randomized controlled, non-inferiority trial in eight European countries.** Trials. 2016 Aug 3;17(1):387. doi: 10.1186/s13063-016-1511-1. PMID: 27488181; PMCID: PMC4972947.

e.IPT

van Schaik D, Schotanus A, Dozeman E, Huibers M, Cuijpers P, en Donker T. Blended Internet-delivered Interpersonal Psychotherapy (i-IPT) for depressive disorder in specialised mental health care. A pilot study. 2021. Submitted.

Suicide tool

van Ballegooijen W, Ruwaard J, Karyotaki E, Ebert DD, Smit JH, Riper H. **Reactivity to smartphone-based ecological momentary assessment of depressive symptoms (MoodMonitor): protocol of a randomised controlled trial.** BMC Psychiatry. 2016 Oct 21;16(1):359. doi: 10.1186/s12888-016-1065-5. PMID: 27769201; PMCID: PMC5075187.

Emotieregulatie interventie

Christ C, de Waal MM, van Schaik DJF, Kikkert MJ, Blankers M, Bockting CLH, Beekman ATF, Dekker JJM. **Prevention of violent revictimization in depressed patients with an add-on internet-based emotion regulation training (iERT): study protocol for a multicenter randomized controlled trial.** BMC Psychiatry. 2018 Feb 2;18(1):29. doi: 10.1186/s12888-018-1612-3. PMID: 29394919; PMCID: PMC5797346.